

THE YAYS & NAYS
OF HORSE
TREATS
E-BOOK



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FRUIT

Fruit is a great natural treat for your horse to give their diet some variation. Any fruit for your horse should be cut into strips and washed.

Lots of fruit is suitable for horses like: apples, pears, berries, plums, apricot & peaches (remember to remove any cores or pips), to the more tropical fruit like pineapple, coconut, grapefruit and watermelon as long you make sure to remove the skin or rind.



VEGETABLE

Just like fruit vegetables are also a great healthy treat for your horse. Vegetables should be washed and chopped lengthways to avoid your horse from choking.

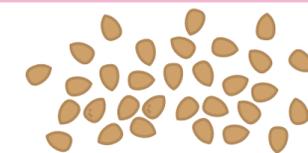
Like all treats, vegetables should only be given in moderation. Some great veg to give your horse includes: lettuce, carrots (with tops removed), celery, beetroot, pumpkin, parsnips, cucumber, turnip and swede.



MINTS

Its well known mints and sugar cubes are given to horses but there is a lot of discussion about whether they're good for your horse. While a few mints are unlikely to change your horses blood sugar levels, large amount can cause a spike in glucose levels which can be dangerous for horses with pre-existing health conditions such as laminitis.

If you do want to give your horse mints, best to do so in moderation and stick to the sugar free variety and



SEEDS

Seeds are another good option for a healthy snack for your horse. The seeds being ground Flax seeds or Chia seeds.

Chia seeds contain protein and amino acids as well as anti-inflammatory properties that can help protect joints and ligaments.

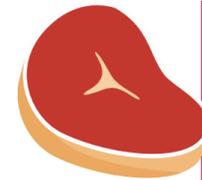


DRIED FRUIT

Our Final healthy snack is dried fruit. As long as the fruit has been pitted, horses can enjoy raisins and dates.

Although raisins should not be fed to dogs and other animals they are fine for horses.

THINGS YOUR HORSE SHOULD NEVER EAT

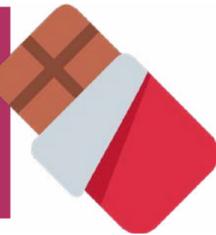


MEAT PRODUCTS

Horses cannot digest meat, they're herbivores and simply cannot eat meat and should be feed any type of meat.

CHOCOLATE

Like for dogs chocolate can be toxic for horses and eating large quantities can be deadly.



TOMATO

Although horses can eat many types of fruit, tomatoes are dangerous and can increase horses hearts rates as well as digestive issues.

DAIRY PRODUCTS

Once horses are fully grown adults they become intolerant to all dairy products and consumption will result in sickness



AVOCADO

Avocado is extremely dangerous for horses, they can cause heart problems and at worse death.

WIN

A ONCE IN A LIFETIME PORTRAIT XPERIENCE



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